



### Informed Consent & Commitment to Confidentiality

Participation in this small group is voluntary. We ask each group member to keep all information shared in our meetings strictly confidential.

As a group member I agree to:

- 12 weeks of group sessions.
- Meeting at the designated location.
- I understand and agree to the confidentiality requirements.
- I understand and commit to weekly homework assignments.
- I agree to be reasonably open to share my feelings.
- I agree to be considerate of others time and not to dominate group time.
- I submit myself to the leadership of this group.

What is said in the group stays in the group. Any information that is obtained in connection with this group will remain confidential. During group sessions, participants will share their feelings in order to get feedback and wisdom from each other. Confidentiality of all group members is required, but cannot be guaranteed in a group setting.

As a group member I agree to:

- Not discussing any information pertaining to any group member with anyone who is not a member of this group.
- Not discussing any information pertaining to any group member in any place where it can be overheard by anyone not directly involved with the group.
- I will not contact any group individual or couple to discuss any information about this group or its members outside of the weekly group sessions.
- I understand that violation of these confidentiality principals could potentially result in my termination as a group member.

The exceptions to this confidentiality rule are:

- 1) If you are at risk of harming yourself ;
- 2) If you are at risk of harming another person;
- 3) If there is evidence of abuse or neglect of a child, disabled, or elderly person.;

Husband's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Wife's Signature: \_\_\_\_\_ Date \_\_\_\_\_